



## Managing Your Time While Earning a Walden Degree



*"I chose Walden because it gives me the flexibility of attending class anytime I want and anywhere. I don't have a regular 8-hour, 8 a.m. to 5 p.m. job. My working hours are always different. As a Walden student, I don't have to put aside my goal of pursuing a Ph.D."*

**Alminda d'Agostino**  
**Ph.D. in Public Health Student**

At Walden University, we understand that your time is valuable and that personal and professional commitments create demands on your schedule that can often be difficult to manage while continuing your studies.

With **more than 90 percent of our current students pursuing their degrees while working full time or self-employed**, Walden is dedicated to supporting busy adult learners, like you, every step of the way. We focus on you so you can focus on learning.

Since its inception in 1970, Walden has designed its programs to meet the unique needs of working professionals. Our track record has made us a trusted leader in innovative online learning techniques. Plus, our **flexible online format** allows you to complete your coursework when and where you choose, within specified time frames.



Walden University is an accredited institution offering doctoral, master's, and bachelor's degrees online to professionals who want to make a difference. Our academic standards are high, our faculty is experienced, and our curriculum is rigorous. The Walden distance-learning approach optimizes relevance and depth of learning by letting students share experiences with peers here and abroad.

Since 1970, Walden has stayed true to its mission: serving the higher education needs of professionals whose work impacts others. Our programs help students achieve personal enrichment and career advancement. Our graduates, in turn, enrich and advance the lives of countless others they serve.

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*"I'm a mom and a working professional, and I just don't have the time to sit and go to regular school classes every night ... I have to do homework and be a mother and a wife and also a professional, so Walden fits into my schedule."*

**Lori Williams Johnson**  
**Ph.D. in Health Sciences Student**

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To help you identify how to best integrate your coursework into your busy schedule, we have developed a free online time management tool. Simply fill in the requested information at <http://timemgmt.WaldenU.edu> and begin taking control of your time.

We also have compiled a broad spectrum of exceptional student services to help you successfully balance work, family, and school commitments.

- The Academic Advising Team counsels you on program planning, university procedures, course registration, and degree completion.
- The librarians of the fully digital Walden University Library help you identify, evaluate, and obtain reference materials.
- The award-winning Student Support Team answers questions you have about the online classroom.
- The Student Assistance Program provides free and confidential support 24/7 for personal challenges that affect your learning experience.
- The Center for Research Support offers graduate students resources, advocacy, and support relating to your research.
- The Career Services Center provides practical online tools for career development and personal career advising.

Walden University is accredited by The Higher Learning Commission and a member of the North Central Association, [www.ncahlc.org](http://www.ncahlc.org); 1-312-263-0456.